

NUR 553 Clinical Learning Experience Hours Log

The student will record clinical hours of this 15 hour nursing practice assignment that are completed during the experience on the Clinical Learning Experience Hours Log form. The brief description of the learning activity of the log will identify one NUR 553 course outcome that was primarily addressed during that learning experience. Please address each course outcome at least once during this experience. At the conclusion of the experience the clinical preceptor will review the log for verification. The student and the preceptor will sign and date The Clinical Learning Experience Log at the conclusion of the Clinical Learning Experience.

NUR 553 Clinical Learning Experience Hours Log

Student Name: Crystal Graening

Area of Emphasis Family Medicine

Date	Type of Activity	Student Role	Brief Description of Activity What NUR 553 Course Outcome that was primarily addressed with this activity?	Number of Hours
3/13/19	Family Medicine appointments	Observer	<p>Course outcome addressed: <i>Demonstrate attainment of health assessment, pathophysiological, and pharmacological principles at the Master's level to facilitate holistic care for a selected patient population.</i></p> <p>I observed many health assessments, both physical findings and questions asked of patient to help guide the assessment and main concern for the patient's visit to the clinic. I was also able to learn more about medications that I was familiar with but not as knowledgeable on as I do not see them frequently (example – Premarin cream). Lastly, I was also able to see many various education techniques used by Natalie to help care holistically for both adult patients and pediatrics. I was also able to add to the conversations and care plans by sharing my own knowledge, such as using ice packs to the back of the head for tension headaches.</p>	8
3.25/19	Family Medicine appointments	Observer	<p>Course outcome addressed: <i>Illustrate an advanced knowledge level of health assessment findings, pathophysiological responses, and</i></p>	8

pharmacological concepts to enhance safe patient care practice.

In this rotation, I was able to gain a better understanding of the importance of health assessment findings. One patient presented with what she was concerned with being a sinus infection. A physical examination of the patient led to a diagnosis instead of chronic allergies. A proper course of action, treating her allergies, was made instead of an antibiotic since an infection had been ruled out.

I was also able to enhance my knowledge and understanding of pathophysiology of various disease processes. One example included distinguishing between a migraine and headache. Natalie and I discussed determining whether a headache is a migraine or which type of headache it may be based on the pathophysiology of the two. Like with the sinus issues, identifying the correct type of headache helps guide the care and treatment necessary to help the patient.

We also covered a lot of pharmacology in the various diagnoses we saw throughout our day. I refreshed my knowledge about vaccine guidelines in both adults and children, how hypertensive medications are chosen, and the different classes of antidepressants.

I was also able to further meet the objective of caring for patients holistically, as Natalie saw various patients during this clinical day who wanted to focus on non-pharmacological management of symptoms. This was refreshing to me as I believe these methods can positively impact care, and I have personally seen the benefits of some therapies. I also usually do not see much of this used in the inpatient setting, though I do believe we will move towards more of those options in the future.

I verify that the NUR 553 learning activities that are listed on this form were completed.

Student Signature Cristal Chaery Date 3/25/19

Preceptor Signature Natalie GR Date 03/25/19